



Instructions for Home Whitening

Instructions for use:

- 1). Brush and floss teeth. Take a syringe out of the kit. Remove the cap and insert an application tip by twisting it securely onto the syringe.
- 2). Place a small drop of gel into every compartment of the tray of those teeth undergoing treatment.
- 3). Make sure the tray is seated in the mouth.
- 4). Wipe away excess gel in mouth with finger, tissue or dry soft toothbrush.
- 5). After treatment, remove tray. Rinse tray and mouth with lukewarm water to avoid sensitivity.
- 6). Brush teeth with fluoride toothpaste.
- 7). Rinse for 30sec. 2-3 times a day with Oral-B fluoride mouth rinse (alcohol free).

Precautions:

- 1). To be used at and according to the condition/instructions of your whitening product.
- 2). To be used under the supervision of a dentist, visit office for a checkup after approximately two weeks to monitor progress. Refrigerate or discard all unused syringes, if applicator tip is to be reused, wash it out with warm water.
- 3). Use at room temperature.
- 4). Do not use after six months.
- 5). Whitening products may be irritating to skin and eyes. Wash with water if contact occurs.
- 6). Patients with known allergies or chemical sensitivity to peroxides, or glycerol etc should not use Whitening products.
- 7). Do not smoke during or immediately after the tooth whitening process.
- 8). If you feel any sensitivity or unusual sensations, remove tray rinse mouth and brush teeth. Discontinue treatment and consult your dentist immediately.
- 9). When finished with the syringe replace tip and cap and secure tightly.
- 10). The tray should be removed, mouth rinsed and teeth brushed prior to eating or drinking.
- 11). Food and drinks containing strong colors should be avoided or consumed in moderation during treatment, for example coffee, soft drinks, or colored candies.
- 12). Keep out of reach of children and pets.
- 13). Never inject whitening gel into the body.
- 14). Not to be used by pregnant or nursing mothers, or children under the age of 14 years.

